

A Sabbatical Guide for Our Church Family

Hey, Family by Choice!

As they mentioned at Team Night: **Nick & Beth** will be taking a **one-month Sabbatical in December (November 30th – December 28th)**

This is a God-ordained time of rest, renewal, and fresh vision. Within CT Nation under the spiritual covering of Pastors Don & Susan, it is an organizational practice that pastors take a sabbatical every seven years of service. This intentional rhythm helps ensure that all pastors on staff continue leading their church family from a place of health, strength, and overflow.

A sabbatical isn't just "time off" or a "vacation from ministry"; it's a sacred space set apart for God to refresh them at the deepest levels: spiritually, emotionally, and physically. And our pastors (and their family) are so worthy of this as they pour out their lives for us continuously!

As their church family, we get the privilege of protecting this time, **covering them in prayer**, and **sowing into their rest** so they can receive all God has for them.

How to Protect This Time

1. **No Ministry Contact** – Please do not call, text, email, or message them about ministry needs during this time.
2. **Champion Their Rest** – Speak positively about why they're away; this models healthy leadership rhythms for everyone.
3. **Redirect Questions & Needs** – If you have church-related needs, reach out to our pastoral team or office instead of contacting them directly.
4. **Keep the Mission Moving** – Stay engaged, serve faithfully, and invite others during the holiday season.
5. **Respect Their Privacy** – Avoid asking for details about their sabbatical or activities when they return unless they choose to share and reach out to you.

How to Pray for Our Pastors

- **Rest** – That God would restore their strength in body, mind, and spirit.
- **Renewal** – That they would encounter God in fresh, personal ways.
- **Clarity** – That God would give them wisdom and fresh vision for the year ahead.
- **Protection** – That their health, marriage, and family time would be safeguarded from distraction or attack.
- **Joy** – That they would return full of gratitude and excitement for the next season of ministry.

How to start Financially Bless Them

You can give **starting now** toward their sabbatical:

1. Go to **Pushpay**
2. Select **“Pasadena Special Offering”**
3. In the memo write: **“Nick and Beth Sabbatical”**

Your generosity will help cover rest, travel, and spiritual renewal opportunities during their time away.

Let’s be a church that protects our leaders, prays for them daily, and welcomes them back refreshed for all God has ahead! 🙌



“The elders who direct the affairs of the church well are worthy of double honor, especially those whose work is preaching and teaching.”

1 Timothy 5:17 (NIV)